The Diamond Light

Messages from the Ascended Master
Djwhal Khul
for the 21st Century

Violet Starre





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About Djwhal Khul



Ascended Master Djwhal Khul

Master Djwhal Khul is mostly known for the books produced through the telepathic channelings of Alice A. Bailey. She was a Theosophist who founded the Arcane School and the Lucis Trust, which published roughly 26 books between 1919 and 1949. At the time of her first contact with Djwhal Khul, he presided over a Tibetan monastery, still incarnate in a human body, and referred to himself as an elder brother to humanity.

During the period of his involvement with Alice Bailey he ascended to become one of the newer masters and works very closely with the Master Kuthumi.

Since Bailey's death, the Master Djwhal Khul has worked through a variety of channels, including Dr. Joshua Stone, Terri Sue Stone, Janet McClure and several others, and there will probably be more in the future. As he has expressed the thought to me, he has become rigidly identified with Alice Bailey and wishes to broaden the general perception of his identity by working through many different channels.

He is part of the planetary council of Ascended Masters, which consists of spiritual beings who attained this level of consciousness through differing spiritual paths over many lifetimes — Christianity, Hinduism, Buddhism, Islam and other religions — but who all share a certain common level of compassion, humility and enlightenment. He is on the ray of Love/Wisdom, which is to say that he is one of the

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Foreword

The purpose of this book is to present esoteric teachings similar to those given to Alice A. Bailey during the period between the two great world wars and offer them to the public in an updated form that is short, concise and simple. The original teachings from the Master Djwhal Khul were presented in lengthy volumes that were somewhat difficult to understand without a thorough background in the religion known as Theosophy, founded by Madame Blavatsky in the late 19th century. It is the Master's current wish that he contribute a short book to the world that is simple and clear to the general New Age reader.

The Master is one member of a planetary council of spiritual beings who exist within another dimension and who guide the spiritual destiny of this planet and the life forms on it. Although a spiritual government exists, it does not interfere with the free will of humanity but occasionally sends teachers to guide us.

It should also be noted that I, the channel, am not a teacher who presents lectures, workshops and tapes, but a most ordinary person. The Master would like to convey the concept that he is accessible to average mortals and does not reserve his communication only for the most well-read and well-known advanced souls. Rather, he is available for those who most desperately need him, who feel as if they are struggling to survive in the modern world without a message of hope. I do not own any of the Alice Bailey books, nor have I found them in my local library. I have not read any of them for more than twenty years. I am trying to maintain an occupation that has little to do with the world of spiritual teachers. This book was not written by me, so I

do not wish to be given credit for it. I am a person of humble means without worldly status.

I can honestly say that it was never my ambition to become a channel. I never held channels in awe. I read their messages with open-minded interest and evaluated the content rather than the source.

The most well-known channels usually go into a trance state and their spoken words must be transcribed. I am not a trance channel; I receive a stream of ideas that are clothed in words in my subconscious mind. This process began for me in November 1997. While meditating, I mentally reached out to contact the Master Djwhal Khul. I had never attempted to do such a thing before, but this action was prompted because in the far past I had studied some of the Alice Bailey books and was perplexed about a criticism of them that I had stumbled upon on an Internet Web page. Much to my surprise, an immediate stream of thoughts flowed into my head. In other words, my mind was relatively blank except for the usual worries — then suddenly it was full of thoughts.

In theosophical books, the authors had always warned the student on the spiritual path never to bother the busy masters, who are always working on carrying out the details of the divine plan and are not interested in the problems of the lowly student.

The immediate response I got that day was that the Master Djwhal Khul exists outside of time; he assured me that he has an infinite amount of time, thus his time cannot be wasted. I had always thought it took a special kind of person, a psychic person, to be a channel. What I learned is that many have the capacity to do this, but generally speaking, people do not wish to do so.

There are several reasons that people do not wish to channel, and one reason is that channeling sounds a lot like the clinical definition of mental illness and psychosis, of hearing voices in one's head or having delusions of thought insertion. Thought insertion (the idea that one's thoughts are not one's own) is a major preoccupation in some forms of mental illness. So I had to give the matter a great deal of thought in order to be clear about how telepathic channeling differs from psychosis. I came to several conclusions.

The first conclusion is that mentally ill people do not know that the voices are in their heads. They hear voices as if people were in the room with them. This is very frightening to them and very real. It is an auditory hallucination. Those we call channels do not hear voices. The second point is that those in a state of psychosis have no control over this phenomenon and cannot consciously stop it. The third is that the thought content is never lucid and coherent, but disjointed and chaotic.

Another fear is that one might open up to some form of possession by an evil spirit or a mischievous prankster.

I think the key here is to protect oneself in meditation by invoking white light and one's own higher self and to (this is very important) mentally specify the name of the entity one wishes to communicate with. By consciously seeking to connect with a specific being, the danger of tuning in to some other being is reduced. I think it is also important to try to live a decent lifestyle and be the best person one can be.

Another fear is that most of the information might be coming from one's own subconscious and is of no value. I have struggled with this idea myself, and I cannot get absolute proof that there really is a Master Djwhal Khul even though I have asked the Master for proof that he is real. To the best of my understanding, I have to make a leap of faith, because conclusive proof would interfere with my free will. I have come to the conclusion that these teachings

are useful no matter what the source.

However, what I have experienced since I started channeling and writing down these teachings is a total change in my viewpoint about reality. Of course, this might be an unhealthy situation that would indicate I am becoming mentally unstable. But it would be more accurate to say that *before* this experience, my normal state of being, with its constant fearfulness, worry and sense of being alone, was closer to mental imbalance than when I was channeling this book.

Some people who know that I do this expect me to behave with the love, wisdom and compassion of a master, but of course there is no reason why I should, since I am not as evolved as the Master. However, I have learned many concepts in this process. Certainly I am familiar with some of the information that comes through, but there are small pieces of totally new information that bind it together for me.

The Image of the Blue-White Diamond

Early on in my contact with the Master, he gave me an image to meditate on. It was the image of a many-faceted diamond suspended in space and radiating blue-white light. It is a very potent image. Over the months, I spent a lot of time meditating on it. I looked up the symbol of the diamond from other authors and teachers, but much of its significance came through books and meditations.

The diamond is a symbol of the human soul and of the initiate. It is formed from carbon under extreme pressures deep in the Earth and must be cut and polished to reveal its clarity and beauty. Likewise, the human soul journeys through many lifetimes to be cut and polished by life until the beauty of its core stands revealed.

The diamond symbolizes the completion of the soul's

journey. I take it to be a symbol of a master. Thus it came as quite a surprise to me when I recently looked up Tibetan Buddhism and learned that this form of Buddhism is sometimes called the Diamond Way.

In the earliest contact with Djwhal Khul I found that all my conceptions about masters were changed by his presence. He often interjects humor. He is nothing but loving, for it is not within his nature to be critical or to find fault. This may be hard to understand for those readers who imagine that the spiritual teacher always finds imperfection, scolds, condemns and urges the student to try harder or do better in an impersonal fashion. But this is apparently not within the consciousness of Master Djwhal, who knows and understands much more than we can comprehend. His method is to teach and enlighten with mental models and concepts that change the consciousness of the student. The word "discernment" is frequently used by him in reference to many situations. He frequently emphasizes that free will cannot be violated and that the individual must ask for help. The individual must ask for contact with a master and not sit around waiting for a teacher to appear.

The next step forward for those who have been meandering along the path of metaphysics and meditating, visualizing, reading New Age books and attending workshops and seminars is to make contact with the teacher within. The inner teacher may not necessarily be an ascended master, but an entity who works specifically with that individual.

The teacher within can give specific training that matches the stage along the path that the aspirant has reached. Many would probably wonder why a teaching guide should be contacted rather than the higher self. I personally have simply found it easier to contact the Master than to contact my higher self. My higher self seems to communicate more along the lines of hunches and intu-

itions than teachings.

The overall theme that unites the chapters of this book is the general escalation of the spiritual energies that are now entering this planet. There may be some inaccuracies where my consciousness and my biases have superimposed themselves over the thoughts transmitted by the Master. This is somewhat inevitable in the telepathic channeling process.

I would also like to explain to the general reader that I personally believe that I have known the Master Djwhal Khul in many past lives and that many of my past lives had oriental and monastic settings. I also believe we have a good rapport, which makes it possible for me to make a strong connection with him. This is not because I am as spiritually evolved as he is — far from it — but because we are part of the same karmic group of souls.

— Violet Starre, 1998

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Introduction by Djwhal Khul

Perhaps you are standing in a bookstore thumbing through the pages of this little book, wondering if this book contains the insights you are looking for. Perhaps you are wondering who the Ascended Master Djwhal Khul is and whether he really exists or ever did. Ultimately, it does not matter who the source is, but whether the contents are enlightening and useful to you and whether, after reading this book, you can understand more metaphysics and the significance of the present time in Earth history.

My perspective is that of one who has been a Tibetan Buddhist monk who eventually presided over a monastery. In that life I focused on meditation, contemplation, study, simple chores and training and teaching younger monks. This life culminated many others spent in the monasteries of the Orient and in more mundane activities. The contemplative life makes it possible to raise consciousness to higher levels, and it is a testing ground to see how well one has learned the principles one has studied.

The goals of my Tibetan incarnation were to attain my true Buddha nature, demonstrate my compassion for all sentient beings, break free of the bonds of reincarnation and join the Noble Ones. Thus I am writing this book as one who has attained these goals and who now dwells in what might be considered a different dimension. Or I might be referred to as a mind without a body! At the time when I transcended to a higher level, I gained insights into a greater realm of knowledge and wisdom than had been available to me as a man incarnated on Earth. So I am not writing from the perspective of a Buddhist, but from that of one of the spiritual hierarchy who guides the life on this planet.

My partner in this venture has asked me what has made me a master while she is not. She asks what the defining qualities and virtues are that have earned me the status of master and why there are so few of us on the planet. She wonders why there are not millions of masters.

First, this planetary school has indeed produced thousands of masters over thousands of years, but very few have taken the bodhisattva vow to remain on this planet and work with a suffering humanity. What is especially noteworthy about this particular time in Earth history is that many of these masters from the Earth school are coming back to the planet to assist in the changes taking place.

The second part of her question was to ask what special virtues and acts have made me a master. As ever, the term "master" indicates that I have gained total mastery over my-

self through many lifetimes of effort. This means that I have managed to impose the higher will of my higher self on every aspect of my lower nature. Left to its own devices, my lower nature was like an animal that needed to come under the control of my higher will, and I wrestled with the usual human frailties such as laziness, avarice, greed, anger, lust, dishonesty, fear, worry and violence over the span of many lifetimes. I did not learn to control my nature in a repressive fashion, such as many use to hide their rage to appear free of anger, for example. Rather, I gradually learned a state of viewing reality that made such emotions irrelevant from a broader perspective.

So, I am master over myself and no one else, and I do not impose my will on others or tell them what they should be doing with their lives. The road to self-mastery took the form of a never-ending series of tests of my character and skills to see whether I had integrated my understanding to the point where I could be trusted with the power of a master, and many of these tests determined whether I was self-less and compassionate toward the sufferings of others and, of course, never caused suffering to others in my later lives.

It is easy to maintain a demeanor of selflessness and calm if one is never in a situation that tests these qualities to the maximum, and the final test given to me was difficult in the extreme.

While I was a monk in Tibet, I made telepathic contact with my own master as I progressed. I was aware of the Theosophical movement and was eventually given the assignment of working telepathically with Alice Bailey. This process of collaboration was to some extent intended to be a growing and broadening experience for both of us, as we were exactly opposite in background and training. She had a strong background in Christian mysticism and theosophy and had been a member of the Theosophical Society. My

background was from living many lifetimes in the oriental traditions of Taoism, Hinduism, Buddhism and other lesser known Eastern traditions. The resulting collaboration between myself and Alice Bailey produced works that were predominantly Christian and theosophical in flavor, with a heavy emphasis on self-abnegation and selfless service. They were, to a large extent, written for and aimed at the membership of the Arcane School. This little book is in no way intended to be a treatise, nor is it intended to mimic the style of Alice Bailey, for she did indeed have her own language style. This work is intended to be a key to open intuitive doors of perception for the reader and tie together differing schools of esoteric thought with the newer materials being channeled and published.

Part of what I am attempting to accomplish at this time, in coordination with all the other teachers on the inner planes, is to present information in new terminology, moving away from some of the terms that came into use at the end of the last century. One clear example would be the ubiquitous use of the term "White Brotherhood." This was the translation of the concept of an intergalactic group of human souls bound together by spiritual purpose and alignment to the divine will by a level of embodiment of this divine purpose and by a personal spiritual interconnectedness.

But this term has gender and race implications we never desired, ones that conjure images of white-haired, white-robed white males united in some elitist fraternity. The thought behind these words more correctly corresponds with the words "Family of Light," or "Light Family," and you may notice this term creeping into the newer channeled teachings.

The Family of Light is the White Brotherhood, but these newer words have a much broader and more inclusive scope. Also, at this time the Family of Light is gathering on this planet from locations all over the galaxy. It includes members of the Family from such exotic locations as the Pleiades, Arcturus, Sirius and other star systems. All these members of the Family of Light are principally here on the inner dimensions and not physically present in tangible spaceships. These members of the intergalactic Family of Light are ancient and wise teachers who work in cooperation with the planetary council to promote the spiritual evolution of this planet. They have asked to be allowed to work through various channels to dispense teachings to the masses. My present interest is to form a bridge between the work begun by the planetary hierarchy at the end of the last century and the newer teachings coming at this time.

The work I undertook with Alice Bailey was aimed at a specific group of people who thought of themselves as disciples. I would like to move away from this term and all that it implies. This particular word has a certain elevated quality to it, but there are also strong associations with the disciples of Jesus, of Christian mysticism, of being a follower and of obeying the dictates of an authority other than oneself. Rather than use the term "disciple," I would prefer to use the word "lightworker," which suggests an independent being whose nature is light and whose activities and work must therefore be in the nature of light.

You may be starting to understand that much of the work initiated more than seventy years ago became tainted by the usage of certain terms and that we who began these projects had to go back to the drawing board and restrategize the presentation of our teachings to a modern readership as well as employ the assistance of beings from other star systems.

Another example of an obviously unfortunate word is the term "master," which implies a male who dominates and owns others and which often has the initial effect of causing those unfamiliar with the concept of the ascended masters to recoil in horror and declare their refusal to follow the dictates of *any* master. Of course, in reality and on an intergalactic level, a master is a soul who has complete mastery over those parts of self that incarnate into matter, and there are countless masters who may be conceptualized as *both* male and female. The masters exist at a particular dimensional level of reality — that of the higher mental plane — but they can choose to appear or not on the physical level. We have not come up with an excellent word to substitute for the term "master," but perhaps the term "game master" gives a better sense of an individual who has become an expert in utilizing the rules of the universe and developing personal skills toward reaching a certain level in a cosmic game.

One of the last tasks that Alice Bailey and I undertook together was meditation work, using the Great Invocation within a large group of Arcane School members to energize the etheric grid of light. This was a tremendous venture, and it has been very successful due to the tireless work of the members of the Arcane School and the Lucis Trust as well as those they influenced over the past fifty years or so. We have reached a point now where lightworkers meditating all over the planet act as anchor points for this grid, and it is now possible for the planetary hierarchy to send carefully planned pulses of cosmic energies through this grid, energies that are accelerating the planetary being along the path of return on the evolutionary arc, as well as accelerating everything else on the planet.

What we are trying to do here is give something of an update on what has transpired since Alice Bailey completed her task, because some of what was taught in those books has become outdated and is no longer relevant. Although some of it still holds true, world conditions have changed a

great deal in the fifty-two years or so that have passed since Alice Bailey last wrote.

So this little book is an attempt to catch up on the turn of events since the end of World War II. Obviously, the group of masters described by Alice Bailey has been working consistently since then with the most promising students in all fields of endeavor, and changes have been occurring on the inner planes as well. I am part of a small team of spiritual beings who form a governing council concerned with the spiritual direction of the Earth. During this century great numbers of the Family of Light from other star systems have requested to come to this planet and assist with its transformation. They do this in a number of ways, but principally by anchoring energies here. A massive team of lightworkers is gathering in the fifth dimension to help us speed up the evolution of the planetary being.

Changes are taking place by leaps and bounds in the consciousness of humanity. There was a time when books such as this could be found only in the most obscure bookstores in the largest cities. This is no longer true. The interest in and demand for metaphysical books can be found in some of the smallest rural communities.

As we pass the end of the twentieth century — a century of turmoil and tremendous technological advance — there is a strong sense that something really important is going to occur. What transpires will be a reflection of the consciousness of humanity as a whole and of the ability of the race to align itself with these incoming energies that will have many specific effects. Some of these effects include the emergence of telepathic communication between individuals; an increased ability to penetrate the veil and contact angels, guides, masters and other entities in meditation; the certain knowledge that thoughts create reality; and an increase in the numbers of those who become conscious on

the astral plane in their dream state.

We are looking at a very exciting decade before us, and the speed at which these events take place will depend on the mass consciousness of humanity as well as the extent to which humans can move forward in awareness, rejecting all forms of elitism, separatism, hatred and violence and embracing those causes that promote peace, unity, equality, human rights and planetary healing in all forms.